



Spirit Athletics - Rules, Guidelines, and Information

- Spirit Athletics offers four programs designed to meet the needs of athletes and families based on skill level, time commitment, financial commitment, and competitive goals. These programs include Performance, Novice, Prep, and Elite cheer. Performance cheer is a seasonal commitment. Competitive teams are full-season commitments from June through April.
- Athletes are placed on teams based on age, skill ability, experience, work ethic, coachability, and the overall needs of the team. Spirit Athletics places athletes where we believe they will be most successful individually and where they will best support the success of the team. Team placements may continue to be evaluated after tryouts, typically from June through August. During this time, Spirit Athletics reserves the right to move an athlete to a different team, level, position, or role if staff determines it is in the best interest of the athlete, team, or program.
- All families are required to create an online account with iClassPro through SpiritAthletics.net. Families are responsible for keeping all contact, payment, emergency, and athlete information accurate and up to date. A valid credit card must be placed on file for all athletes with no exceptions. Monthly payments will be automatically withdrawn according to the payment schedule outlined in the parent handbook and/or financial agreement.
- All teams are charged monthly tuition based on the program and team placement. All tuition, fees, and payment deadlines will be outlined in the parent handbook and/or financial agreement. All fees must be paid on time and are the responsibility of the parent or guardian. Sibling tuition discounts may be available. Please contact the front desk for current sibling discount information.
- Tuition is based on the full season commitment and is not calculated by the number of practices attended in a given month. No refunds or credits will be issued for missed practices, cancelled practices, holidays, athlete absence, illness, injury, travel conflicts, or voluntary withdrawal.
- Extra practices may be scheduled during the season at no additional charge. If practices are cancelled or adjusted during the season, no refunds or credits will be issued.
- Competitive teams require a season-long commitment and a signed financial agreement for the full season amount. If an athlete quits or withdraws from the program, no refunds will be issued and any items already ordered will be forfeited or remain the financial responsibility of the parent or guardian. If an athlete quits after choreography has been completed, the account will be charged a \$500 drop fee due to the impact on the team, routine, staffing, and competition preparation.



- Spirit Athletics is a member of the USASF, which provides safety policies and competition compliance requirements for all-star cheerleading programs. All competitive athletes must register with the USASF and maintain an active membership in order to compete. Parents are responsible for creating their athlete's USASF profile and paying the USASF membership fee directly through the USASF website. Athletes cannot compete without an active USASF membership. This must be completed by October 1st or the account may accrue a late fee.
- All teams will attend competitions and events throughout the season. Parents are responsible for all travel expenses, including transportation, hotel accommodations, meals, parking, spectator admission, and any other costs related to competitions or team events.
- The competition schedule will typically be released in July but is subject to change if needed. Families are responsible for reviewing all schedule updates and remaining available for required events. Some teams may be required to travel out of state. Families are responsible for understanding the travel expectations of their athlete's team before accepting placement.
- All competitions, showcases, performances, and team events scheduled by Spirit Athletics are mandatory. By accepting a position on a team, athletes and families commit to attending all required events throughout the season.
- Failure to attend a mandatory event may result in additional fees for roster changes, registration adjustments, choreography changes, coaching adjustments, replacement athlete costs, or other event-related expenses. These costs may be charged to the athlete's parent or guardian. Absence from a mandatory event may result in the athlete being replaced in their position, removed from portions of the routine, moved to alternate status, or removed from the team entirely if the absence negatively impacts the team's ability to compete.
- Junior and Senior teams may be eligible for bid events that require travel to Orlando, Florida, including events such as The D2 Summit and The Cheerleading Worlds. If Spirit Athletics accepts a bid or invitation, the event is not considered optional. If your athlete cannot attend a possible bid event or postseason event, parents must notify the front desk or staff immediately so arrangements can be discussed before the season progresses.
- Attendance is critical to the success of each team. Athletes are expected to attend all scheduled practices, extra practices, camps, choreography sessions, showcases, competitions, and team events. Athletes are expected to arrive on time, dressed appropriately, and ready to begin practice at the scheduled start time. Athletes must wear the correct practice attire and have hair styled according to team requirements. Attendance with incorrect attire may result in team conditioning, fees, and/or replacement practice wear being ordered after repeated warnings.



- Missing practice during the week of a competition or missing a competition may result in a \$300 fee. Missing camps or choreography may result in a \$75 fee. Families may also be required to work with the coach to arrange an approved fill-in if needed.
- Spirit Athletics trains with passion, discipline, intensity, and high expectations. Athletes are expected to work hard, give their best effort, accept corrections, support their teammates, and maintain a sports-focused mindset. Any athlete who exhibits disrespectful, combative, defiant, unsafe, or disruptive behavior toward coaches, staff, teammates, parents, competitors, or others associated with Spirit Athletics may be subject to disciplinary action. Disciplinary action may include suspension, removal from portions of the routine, alternate status, removal from a team, or expulsion from the Spirit Athletics program and facility.
- Spirit Athletics reserves the right to dismiss any athlete whose behavior negatively impacts the safety, culture, reputation, or success of the program. If dismissed from the program for any reason, no refunds will be issued.
- Team practices and classes are not open to parent viewing unless otherwise announced by staff. This policy allows athletes to stay focused, helps coaches run productive practices, and reduces distractions or negative conversations in the lobby. Parents who promote negativity, gossip, hostility, or complaining may have their athlete removed from the program.
- Parents are expected to stay informed through official communication channels. Spirit Athletics will use the BAND App, email newsletters, iClassPro messages, and other official communication platforms throughout the season. Failure to read or respond to official communication does not excuse missed deadlines, missed events, payment issues, or incomplete requirements.
- Spirit Athletics requires all athletes and parents to act with integrity and respect on social media and in public spaces. Families may not use social media, public forums, or group chats to spread negativity about the gym, staff, athletes, parents, vendors, events, or program decisions. Concerns should be handled privately and respectfully through the appropriate communication channels rather than through public complaints, gossip, or social media posts.
- The Spirit Athletics name, logo, team names, branding, artwork, and related materials may not be reproduced, altered, sold, or used on any items without written permission from Spirit Athletics. Parents and athletes are not permitted to create their own clothing, merchandise, accessories, bows, signs, or event apparel using the Spirit Athletics name, logo, team names, or branding.
- In the event of an athlete's injury, tuition remains due for the duration of the athlete's absence. Parents or guardians may also be responsible for competition fees or replacement athlete costs associated with covering the injured athlete's position. Upon return from injury, an athlete may be required to provide medical clearance before resuming participation. If cleared to return, the athlete's membership will be honored, but Spirit Athletics cannot guarantee return to the original team, routine position, stunt group, tumbling section, or role.

2026 - 27



- If an athlete or parent discusses leaving the program to join another gym, recruits other athletes to leave, or encourages families to transfer to another program, they may be subject to immediate dismissal from Spirit Athletics.
- Spirit Athletics reserves the right to remove any athlete or family whose actions negatively impact the unity, culture, trust, or stability of the program. If dismissed for this reason, no refunds will be issued.
- Parents authorize Spirit Athletics staff to seek emergency medical care for their athlete if a parent or guardian cannot be reached in a timely manner.
- Parents grant Spirit Athletics permission to photograph or record their athlete during practices, performances, competitions, and events for promotional, educational, or marketing purposes unless written notice is provided.
- Athletes and parents are expected to maintain respectful behavior toward all coaches, athletes, families, judges, event staff, and other programs at competitions and events.
- Parents are responsible for timely drop-off and pickup. Repeated late pickup may result in additional fees or disciplinary action.
- Failed payments, declined cards, late balances, or chargebacks may result in late fees, suspension from practice, or removal from competition until the account is brought current.



Important Dates

These dates and times are subject to change.

Gym Closures

June 29 – July 5	4 th of July
Sept. 4 – 7	Labor Day
Nov. 23 – 28	Thanksgiving
Dec. 23 – Jan 1	Christmas / New Year
March 26 – 28	Easter

Camp Dates

Skills Camp – Spring CDT

July 13th – 14th

Spice

Action Spirit Camps

July 18th – 19th

Reckless, Revenge, Lethal, Sugar

Spirit Skills Camps

July 29th – 30th

Sparkle, Militia, Shimmer, Envy

Competition Schedule (Overview)

Nov. 8th : Spirit Spectacular
Nov. 21st : GSSA (Ontario)
Dec. 5th – 6th : WCC (Pomona)
Dec. 13th : Jamz (Anaheim)
Jan. 8th – 9th : GSSA (Bakersfield)
Jan. 23rd : Cheersport (Ontario)
Feb. 12th – 13th : Jamz (Vegas)
Feb. 14th – 15th : Jamz (Vegas) - Spice
Mar. 6th – 7th : WCC (Ontario)
Mar. 14th – 15th : USA Nationals (Anaheim)
Mar. 19th – 21st : NCA (Houston) - Sugar/Spice
Apr. 3rd – 4th : American Showcase (Anaheim)
Apr. 11th : Spirit Showdown
Apr. 18th : Jamz (Anaheim)

Mandatory Extra Practices

November 14 – 15

November 29

January 2 - 3

Choreography

Ray Jasper Choreography

September 23rd – 30th

*The following teams receiving Ray Jasper
Choreography:*

Revenge, Lethal, Sugar, Spice



Non Competitive / Performance Cheer Programs

Our Performance Cheer program is a great introduction to all-star cheerleading with a low-commitment schedule. Athletes practice once per week on Fridays for approximately 12 weeks, with seasonal sessions offered in the Fall beginning in August and the Spring beginning in January.

This program focuses on building confidence, teamwork, and foundational cheer skills in a fun and supportive environment. Athletes will learn and perform a competition-style routine that includes jumps, stunts, motions, dance, and tumbling. At the end of the session, athletes will perform their routine in a showcase-style event for family and friends.

Performance Cheer Rubies

Ages

4 – 6 years old

Time Commitment

August – November / January - April

Practices

1 hr session, 1x / week

5:00 PM – 6:00 PM

Competitions / Events

1, Local to the High Desert

Performance Cheer Diamonds

Ages

7+ years old

Time Commitment

August – November / January - April

Practices

1 hr session, 1x / week

6:15 PM – 7:15 PM

Competitions / Events

1, Local to the High Desert



Practice Schedule

These days and times are subject to change.

Monday

Tiny Danger	4:00 – 5:30 PM
Reckless	4:00 – 6:00 PM
Sugar	4:45 – 7:15 PM
Lethal	6:00 – 8:30 PM
Spice	7:00 – 9:30 PM

Tuesday

Mini Militia	4:00 – 6:00 PM
Sparkle	4:00 – 6:00 PM
Shimmer	6:00 – 8:00 PM
Revenge	6:00 – 8:30 PM

Wednesday

Mini Mayhem	4:00 – 6:00 PM
Reckless	4:00 – 6:00 PM
Sugar	4:45 – 7:15 PM
Lethal	6:00 – 8:30 PM
Spice	7:00 – 9:30 PM

Thursday

Mini Militia	4:00 – 6:00 PM
Sparkle	4:00 – 6:00 PM
Shimmer	6:00 – 8:00 PM
Revenge	6:00 – 8:30 PM



Novice Programs (Tiny Danger, Mini Mayhem, Shimmer)

Our **Novice** program is designed for beginner to intermediate athletes who are ready to experience competitive cheerleading in a more structured team environment. Novice athletes practice **once per week** and compete at a limited number of **one-day, local or low-travel events** throughout the regular season, typically running from **June through April**.

Novice teams perform shorter, age- and level-appropriate routines and are evaluated by judges for feedback and scoring. These teams **compete for score only**, meaning the focus is on growth, performance quality, and skill development rather than placement against other teams.

Tiny Novice

Time Commitment

June – April

Practices

1.5 hr session, 1x / week

Competitions / Events

5 – 7 (*within 120 miles*)

Mini/Youth/Junior/Senior Novice

Time Commitment

June – April

Practices

2 hr session, 1x / week

Competitions / Events

5 – 7 (*within 120 miles*)



Novice Programs Pricing

Tiny Novice (Tiny Danger)

Program Costs

First Tuition Fee **\$345**

**Payment due includes registration fee, first month and practice wear bundle; due first week of practice.*

Registration / Insurance Fee **\$50**

Practice Wear **\$165**

**Includes practice wear, program shirt and hair bow / scrunchie.*

Uniform **\$315**

***due July 15th**

Choreography / Music **\$255**

***due August 15th**

Shoes are a separate fee and should run between \$40 - \$50. Parents will buy shoe from omnicheer.com.

Shoe: Chasse Cheer Apex (Black)

Preliminary pricing is subject to change. This is the maximum value we expect to ask, but pricing may be reduced.

Seasonal Costs Breakdown

Tuition **\$130 /mo**

***due on the 1st of each month**

Competition Fees **\$1,120**

***grand total**

Competition Fee Payment Schedule

September 15 th	\$224
October 15 th	\$224
November 15 th	\$224
December 15 th	\$224
January 15 th	\$224



Novice Programs Pricing

Mini / Youth / Junior Novice (Mini Mayhem, Shimmer)

Program Costs

First Tuition Fee **\$355**
**Payment due includes registration fee, first month and practice wear bundle; due first week of practice.*

Registration / Insurance Fee **\$50**

Practice Wear **\$165**
**Includes practice wear, program shirt and hair bow / scrunchie.*

Uniform **\$315**
***due July 15th**

Choreography / Music **\$285**
***due August 15th**

Shoes are a separate fee and should run between \$40 - \$50. Parents will buy shoe from omnicheer.com.

Shoe: Chasse Cheer Apex (Black)

Preliminary pricing is subject to change. This is the maximum value we expect to ask, but pricing may be reduced.

Seasonal Costs Breakdown

Tuition **\$140 /mo**
***due on the 1st of each month**

Competition Fees **\$1,120**
***grand total**

Competition Fee Payment Schedule

September 15th **\$224**

October 15th **\$224**

November 15th **\$224**

December 15th **\$224**

January 15th **\$224**



All Star Prep Programs

Our **Prep** program is a step up from Novice and is designed for athletes who are ready for a more challenging competitive experience. Prep teams follow a similar structure to Novice but perform **longer routines** that require increased endurance, stronger technique, and a slightly higher level of skill execution.

Prep athletes compete at select events throughout the season and **compete for placement**, meaning teams are ranked against other teams in their division. This program gives athletes a stronger taste of the competitive all-star experience while still maintaining a more moderate commitment than Elite teams.

All Prep Divisions

Time Commitment

June – April

Practices

2 hr session, 2x / week

Competitions / Events

8 (*within 120 miles*)



Prep Programs Pricing

Mini / Youth / Junior Prep

Program Costs

First Tuition Fee **\$365**

**Payment due includes registration fee, first month and practice wear bundle; due first week of practice.*

Registration / Insurance Fee **\$50**

Practice Wear **\$165**

**Includes practice wear, program shirt and hair bow / scrunchie.*

Uniform **\$315**

**50% Deposit July 15th, remaining balance August 15th*

Choreography / Music **\$285**

**due August 15th*

Shoes are a separate fee and should run between \$40 - \$50. Parents will buy shoe from omnicheer.com.

Shoe: Chasse Cheer Apex (Black)

Preliminary pricing is subject to change. This is the maximum value we expect to ask, but pricing may be reduced.

Seasonal Costs Breakdown

Tuition **\$150 /mo**

**due on the 1st of each month*

Camp Fee **\$150**

**due July 15th*

Competition Fees **\$1,210**

**grand total*

Competition Fee Payment Schedule

September 15th **\$242**

October 15th **\$242**

November 15th **\$242**

December 15th **\$242**

January 15th **\$242**



All Star Elite Programs

Our **Elite** program is our most competitive all-star cheer option, designed for intermediate to advanced athletes who are ready for a higher level of training, commitment, and competition. Elite routines are more physically demanding and include advanced progressions in **stunting, tumbling, jumps, dance, performance, and overall routine execution.**

Elite teams have increased practice frequency and a more demanding competition schedule, which may include additional travel and multi-day events. Athletes in this program are expected to demonstrate strong commitment, work ethic, attendance, and team responsibility throughout the season.

All Elite Divisions

Time Commitment

June – April

Practices

2.5 hr session, 2x / week

Competitions / Events

8 - 10 (*within 120 miles*)

Worlds Division

Time Commitment

June – April

Practices

3 hr session, 3x / week

Competitions / Events

8 - 10 (*within 120 miles*)



Elite Programs Pricing

Mini / Youth Elite (Mini Militia, Sparkle, Reckless)

Program Costs

First Tuition Fee **\$455**
**Payment due includes registration fee, first month and practice wear bundle; due first week of practice.*

Registration / Insurance Fee **\$50**

Practice Wear **\$250**
**Includes practice wear, program shirt and hair bow / scrunchie.*

Uniform **\$650**
**due July 15th*

Choreo / Music / Camp **\$500**
****For Reckless Only \$700**
**Due August 15th*

Shoes are a separate fee and should run between \$120 - \$150.

Shoe:

Preliminary pricing is subject to change. This is the maximum value we expect to ask, but pricing may be reduced.

Seasonal Costs Breakdown

Tuition **\$155 /mo**
**due on the 1st of each month*

Competition Fees **\$2,130**
**grand total*

Competition Fee Payment Schedule

September 15 th	\$355
October 15 th	\$355
November 15 th	\$355
December 15 th	\$355
January 15 th	\$355
February 15 th	\$355



Elite Programs Pricing

Junior / Senior Elite (Levels 1 – 4) (Revenge, Lethal)

Program Costs

First Tuition Fee **\$465**
**Payment due includes registration fee, first month and practice wear bundle; due first week of practice.*

Registration / Insurance Fee **\$50**

Practice Wear **\$250**
**Includes practice wear, program shirt and hair bow / scrunchie.*

Uniform **\$750**
**due July 15th*

Choreo / Music / Camp **\$750**
**due August 15th*

Shoes are a separate fee and should run between \$120 - \$150.

Shoe:

Preliminary pricing is subject to change. This is the maximum value we expect to ask, but pricing may be reduced.

Seasonal Costs Breakdown

Tuition **\$165 /mo**
**due on the 1st of each month*

Competition Fees **\$2,130**
**grand total*

Competition Fee Payment Schedule

September 15 th	\$355
October 15 th	\$355
November 15 th	\$355
December 15 th	\$355
January 15 th	\$355
February 15 th	\$355



Elite Programs Pricing

Junior / Senior Elite (Level 5) (Sugar)

Program Costs

First Tuition Fee **\$465**
**Payment due includes registration fee, first month and practice wear bundle; due first week of practice.*

Registration / Insurance Fee **\$50**

Practice Wear **\$250**
**Includes practice wear, program shirt and hair bow / scrunchie.*

Uniform **\$750**
**due July 15th*

Choreo / Music / Camp **\$750**
**due August 15th*

Shoes are a separate fee and should run between \$120 - \$150.

Shoe:

Preliminary pricing is subject to change. This is the maximum value we expect to ask, but pricing may be reduced.

Seasonal Costs Breakdown

Tuition **\$165 /mo**
**due on the 1st of each month*

Competition Fees **\$2,130**

Competition Fee Payment Schedule

September 15th **\$355**

October 15th **\$355**

November 15th **\$355**

December 15th **\$355**

January 15th **\$355**

February 15th **\$355**

NCA Fee **\$420**
**not included in payment schedule*



Elite Programs Pricing

Senior Elite (Level 6) - Worlds

Program Costs

First Tuition Fee **\$475**
**Payment due includes registration fee, first month and practice wear bundle; due first week of practice.*

Registration / Insurance Fee **\$50**

Practice Wear **\$250**
**Includes practice wear, program shirt and hair bow / scrunchie.*

Uniform **\$800**
**due July 15th*

CDT Camp **\$250**

Choreography / Music **\$600**
**due August 15th*

Shoes are a separate fee and should run between \$120 - \$150.

Shoe:

Preliminary pricing is subject to change. This is the maximum value we expect to ask, but pricing may be reduced.

Seasonal Costs Breakdown

Tuition **\$175 /mo**
**due on the 1st of each month*

Competition Fees **\$2,130**

Competition Fee Payment Schedule

September 15th **\$355**

October 15th **\$355**

November 15th **\$355**

December 15th **\$355**

January 15th **\$355**

February 15th **\$355**

NCA Fee **\$420**
**not included in payment schedule*

SPIRIT ATHLETICS

Acknowledgment of Rules, Policies, and Financial Agreement

I, _____ (“Parent/Guardian”), on behalf of myself and my athlete, _____ (“Athlete”), acknowledge that I have received, read, and understand all Spirit Athletics rules, policies, procedures, expectations, and financial obligations for the current season.

By signing this agreement, I understand and agree to the following:

1. Rules and Policies

- I have carefully reviewed the Spirit Athletics handbook, team policies, codes of conduct, attendance requirements, competition requirements, and all other program expectations.
- I understand that failure to comply with any Spirit Athletics rules, policies, or expectations may result in disciplinary action, suspension, removal from activities, or dismissal from the program.

2. Financial Obligations

- I have reviewed and understand all tuition, competition fees, uniform costs, travel expenses, fundraising requirements (if applicable), late fees, and any other financial obligations associated with participation in the program.
- I understand that all fees are due according to the payment schedule provided by Spirit Athletics.
- I acknowledge that participation in the program does not relieve me of my financial obligations and that fees are non-refundable except as expressly stated in writing by Spirit Athletics.

3. Competition and Team Commitment

- I understand that participation on a Spirit Athletics team is a commitment for the full season.
- I acknowledge that competitions, practices, performances, and team events designated by Spirit Athletics are mandatory unless otherwise approved by management.
- I understand that failure to meet attendance or participation requirements may result in additional fees, changes to team placement, or removal from the program.

4. Communication

- I agree to maintain open and respectful communication with coaches, staff, athletes, and other families.

- I understand that disrespectful, disruptive, or combative behavior may result in disciplinary action, including possible dismissal from the program.

5. Agreement

- By signing below, I certify that I have had the opportunity to ask questions regarding any Spirit Athletics policy, rule, or financial obligation.
- I voluntarily agree to abide by all Spirit Athletics rules, policies, procedures, and financial commitments throughout the season.

I understand that my signature serves as confirmation that I have read, understood, and agree to all terms and conditions set forth by Spirit Athletics.

Parent/Guardian Name (Print): _____

Parent/Guardian Signature: _____

Date: _____

Athlete Name (Print): _____

Athlete Signature (if applicable): _____

Date: _____

Spirit Athletics Representative: _____

Signature: _____

Date: _____

By signing this agreement, all parties acknowledge and accept the policies, rules, and financial obligations of the Spirit Athletics competitive season.